

Oil Portrait Essentials

A 3-day workshop of essential oil portrait painting skills | 24 Hours

This portrait-focused workshop is tailored for both absolute beginners and intermediate artists seeking to build a strong theoretical and practical foundation in their painting practice.

In this workshop, you will delve into:

- Drawing Essentials for Portraits: Learn effective strategies to accurately capture the proportions and unique features of the human face.
- Step-by-Step Oil Painting: Master the process of creating a portrait from start to finish, including techniques for mixing and applying oil paint with confidence.
- Understanding Facial Structure: Explore key concepts and techniques to simplify and interpret the forms of the head and facial features.
- Light and Form in Portraiture: Discover how light interacts with the contours of the face and how to group tonal values to create the illusion of three-dimensionality and lifelike presence.
- Portrait-Specific Colour Theory: Gain the skills to mix skin tones with accuracy and enhance the realism and vibrancy of your portraits.

Each day of the workshop begins with an engaging theoretical lesson to introduce core concepts and techniques. This is followed by practical application through a focused, multi-day portrait project, allowing you to deepen your understanding while creating. Carefully curated photo references are provided, specifically selected to complement the goals and timeframes of each lesson.

Instructors : Kostas Protopapas & Carl de Jager

Both your instructors are academically trained, practicing artists. They are also skilled teachers with several years of experience at the Barcelona Academy of Art, working with beginner, intermediate and advanced drawing and painting students.

Workshops will be presented in English with printed notes available in English.

Fees & Reservations

Workshop Fee : € 440.00 (10% Returning Student Discount - see offer below)

The fee includes 24 hours of tuition, including presentations & plenty of one-on-one time with teachers. The cost of some materials, including canvas and speciality mediums, is included in this price. Other materials are to be provided by the student. See the materials list for a guide on what to purchase / bring.

The cost does not include accommodation, airfares, transport, meals or any other fees.

Cancellation Policy: Refunds of fees and deposits will only be provided in the event that a workshop is cancelled. We recommend that participants obtain travel insurance to cover any losses incurred for airfare and accommodation in the event of a workshop cancellation due to low turnout (minimum 8 attendees) or circumstances beyond our control.

EARLY RESERVATIONS ARE RECOMMENDED, AS STUDENT NUMBERS ARE PURPOSELY LIMITED TO 12 STUDENTS TO ALLOW FOR A HIGH DEGREE OF INDIVIDUAL ATTENTION.

Friday 02/05/2025 - Sunday 04/05/2025
09:00 - 13:00 + 14:00 - 18:00

10% Returning Student Discount - A discount of 10% will be applied to returning participants.

Studio of Nikolas Antoniou (Fridge Project Space)
Petrompei Mavromihali 3A
Larnaka, Cyprus

Bookings: www.nikolasantoniou.com/physical-workshop

A deposit of €200 will be required to secure your spot.

Materials List

Print this guide onto an A4 piece of paper. The size of the brushes you need will be close to the printed size.

Drawing

- Pencil (HB or B)
- Kneadable Putty Eraser
- A4 Sketching Paper (1 Sheet)
- A4 Tracing Paper (1 Sheet)

Painting

- A4 Disposable paper palette
- Odourless Mineral spirits
- Small jar with secure lid for storing mineral spirits and cleaning brushes.

General

- Masking Tape
- Paper Towels for cleaning
- Baby Wipes for cleaning



Palette Knife x 1

Palette knives come in all shapes and sizes. We recommend a teardrop or diamond shape between 3cm - 5cm long and about 1cm of width.

Filbert Brushes x 4

Hog hair filbert brushes are sturdy, flat brushes with a rounded or pointed tip.

Width = 12mm x 2
Width = 7mm x 2

Round Brushes x 2

Soft synthetic round brushes are ideal for blending and detail work.

Width = 2mm x 1
Width = 5mm x 1

Oil Colours & Painting Medium

Picking which oil colours to buy can be daunting - it can be costly and confusing if you don't know what to look for.

During the workshop we will discuss how you can use the pigment numbers found on paint tube labels, along with online resources, to help you make the best decisions when investing in new colours.

Natural Pigments will generously provide all paints and mediums for use during our workshops at no additional fee. This will allow you to experience the difference that using premium, professional-grade materials can make

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